

#### HIDDEN LESSONS OF MR. MIYAGI

Based on his book, Sensei Ron breaks through the exterior of Mr. Miyagi's karate teachings to reveal the invaluable wisdom and life lessons hidden within.

#### POSITIVE THINKING IS FOR SISSIES

Excellence requires more than mental gymnastics. Sensei Ron takes your audience on a journey beyond positive thinking and into the realms of mastery.

## THE BEST YOU CAN SUCKS!

Doing our best is not the same as doing our potential. Ron discusses those elements that hold us back from reaching our full potential and what to do about them.

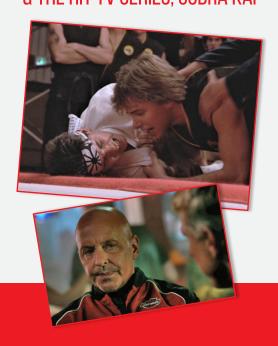
## THE COBRA KAI WAY - According to Bobby Brown

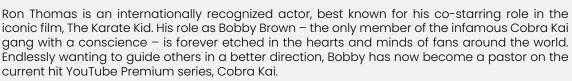
Strike first, strike hard, no mercy! No, not necessarily. Employing the core virtues of his Karate Kid character, Bobby Brown, Ron discusses the mindset of self-leadership that keeps us on track, even amid the forces of negative influence.

AT THE HIGHEST LEVEL OF ATHLETICS – OR LIFE FOR THAT MATTER – CONFIDENCE, FOCUS, AND FINDING THE ZONE ARE CHALLENGES. THERE'S NO ONE BETTER EQUIPPED TO HELP YOU MEET THESE CHALLENGES THAN SENSEI RON.

- Gabe Kapler; San Francisco Giants Manager

# FROM THE KARATE KID & THE HIT TV SERIES, COBRA KAI





Ron's passion for guiding others parallels that of his Cobra Kai character. In his real-life roles as sensei, author, speaker, and trainer, Ron's mission has always been to lead people in navigating the path to their full potential. His core message centers on choosing mastery over mediocrity because mastery leads to the type of high-level results that mediocrity can't reach.

Ron is truly unique in the marketplace. He not only brings celebrity but expertise that is backed by real-world knowledge and experience. Ron is a successful actor, author, two-time world martial art champion, trainer for the USA Sport Ju-Jitsu Team, and a former swimming champion. He's a certified Master Practitioner of NLP, TimeLine Therapy, and Hypnotherapy. An engaging and inspiring speaker, Ron is armed and ready to deliver a compelling experience your people are sure to remember.





"Sensei Ron made us laugh and cry, and took us on an inspiring journey. Our people appreciate and adore him!"

- Stacy Moskowitz President; San Diego Assoc of Health Underwriters

"Sensei Ron is awesome! Our clients rave about him long after our events have ended."

- John Novac; Showball Baseball Camps

"Truly enlightening! My outlook on business has been radically shifted for the better. Thank you, Ron!" – Dr. Jan C. Wulff; Doctor and entrepreneur – Hamburg, Germany

"Ron pushes you to dig deep inside. I finally feel empowered!" – Melanie Theveniaud; Entreprenuer – London, England

"I made a 390% improvement in my scoring index and shot a career low of 64. Ron is an awesome mindset and performance coach!"

- Gary Finneran; PGA Professional

"One of our favorite, most requested speakers and trainers. Ron is unbelievably inspiring!"

- Cheri Tree; voted Innovator & Entrepreneur of the year

"Few people understand the psychology of winning better than Sensei Ron!"

Sarano Kelley; author of "The Game."























@senseironthomas

## **Put A Little Kick In Your Next**

Ron understands the challenges of winning in a crowded and competitive world. He's created frameworks around Mastery and Mindset that have facilitated higher performance for organizations, professionals, athletes, and others.

He's the Founder of The Mastery Bootcamp, PIVOT – 360-degree empowerment training for entrepreneurs, and The Mindset Academy for Athletes. These technologies are proven effective in helping students level up their game and generate meaningful results in both their personal and professional lives.

From the pool to the mat, from Hollywood to the corporate stage, he has walked the walk that backs up his talk. Ron is uniquely qualified to show your people how they can combat the forces they spar with every day, forces that are holding them back by putting a chokehold on their potential. An organization's internal network of leaders, teams, salesforces, and personnel, all benefit from the shift in mindset Ron delivers. And we all know that mindset is everything!

Additionally, audiences always appreciate Ron's nostalgic reminiscing from the stage as he shares behind-the-scene anecdotes from one of the most iconic franchises in Hollywood history: The Karate Kid. Ron is careful to link his memoirs with his message. Your people will find his stories not only applicable to his content but relatable with their own story.

